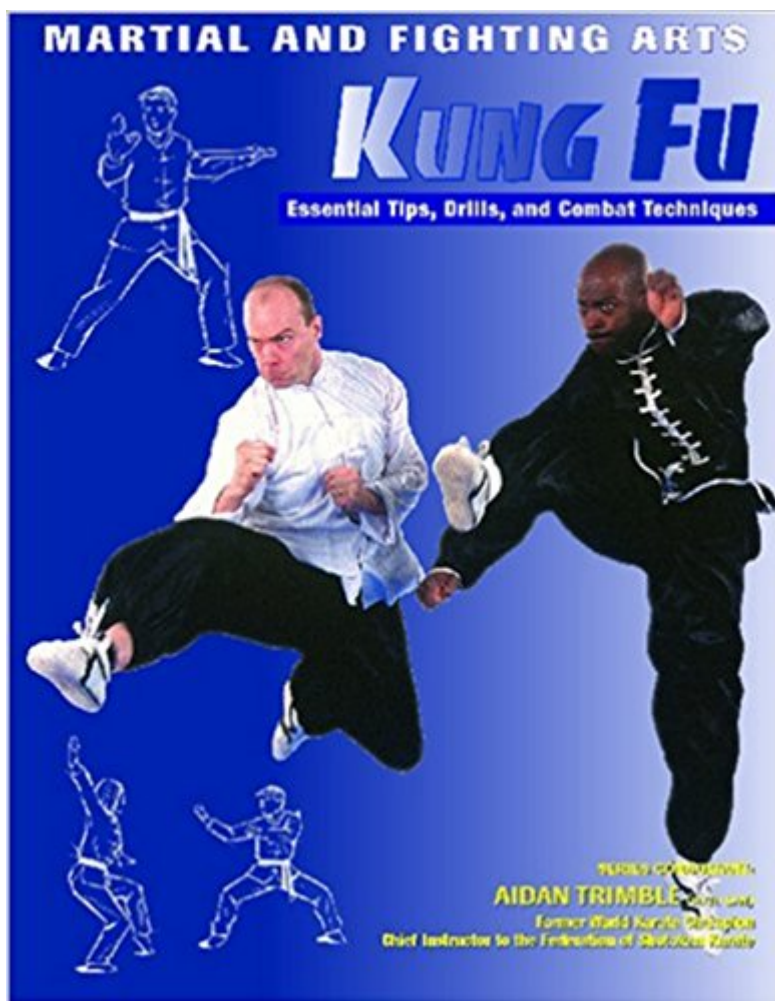


The book was found

Kung Fu (Martial And Fighting Arts)



Synopsis

There is more to kung fu than Bruce Lee (though thats a pretty good place to start!). Lee and other martial arts movie masters have made kung fu well-known throughout the world. The lightning-fast moves, furious action, and high intensity make it not only exciting to watch, but a great workout. Inside, find out the key moves a kung fu master needs to know, plus learn about the fascinating history of kung fu. How do animals relate to this martial art? Find out inside. Mastering any martial art can take long years of practice, but this book and this series will give you an important first step on a rewarding journey. --This text refers to the Hardcover edition.

Book Information

Series: Martial and Fighting Arts

Library Binding: 96 pages

Publisher: Mason Crest Publishers (October 1, 2002)

Language: English

ISBN-10: 1590843932

ISBN-13: 978-1590843932

Product Dimensions: 9.2 x 8.1 x 0.4 inches

Shipping Weight: 1 pounds

Average Customer Review: 1.0 out of 5 stars 1 customer review

Best Sellers Rank: #10,614,987 in Books (See Top 100 in Books) #59 in [Books > Teens > Sports & Outdoors > Martial Arts](#) #1001 in [Books > Children's Books > Sports & Outdoors > Martial Arts](#) #235934 in [Books > Sports & Outdoors](#)

Age Range: 12 and up

Grade Level: 7 and up

Customer Reviews

Local historian and author Nathan Johnson also authored Images of America: Pine City and now presents images of local legends from historical archives, family collections, and his own photographs of contemporary Pine Citians. --This text refers to the Hardcover edition.

What else can I say, except that it was written by someone who is advertised on the book as being a black belt in KARATE??? No mention anywhere of his knowledge of Kung Fu...In this book he quickly connects Kung Fu to Okinawa, and from there its all down hill...As for Essential Tips, Drills, and Combat Techniques:Well the tips on finding a "dojo" are good...but no "drills" or "combat

techniques" to be found...save your money, go look someplace else...Scott

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